

Residents of Westwood, an impoverished neighborhood in Denver, formed **SouthWest Improvement Council-SWIC**. Since 1987, this nonprofit community-based organization has worked to improve living conditions in Denver. SWIC operates the **Westwood Community Center** at 1000 South Lowell, Denver, Colorado and the **SouthWest Neighborhood Housing Corporation**. For more information call: **303-934-2181**

CORE VALUES

Self-Help, Personal Responsibility, Civility and Accountability



MISSION Our mission is to empower people and improve the quality of lives. We restore community values by creating solutions. Our goal is to advance human rights by tackling difficult community issues.

GOVERNANCE: Voluntary Board of Directors comprised of neighborhood residents and business leaders.



SWIC

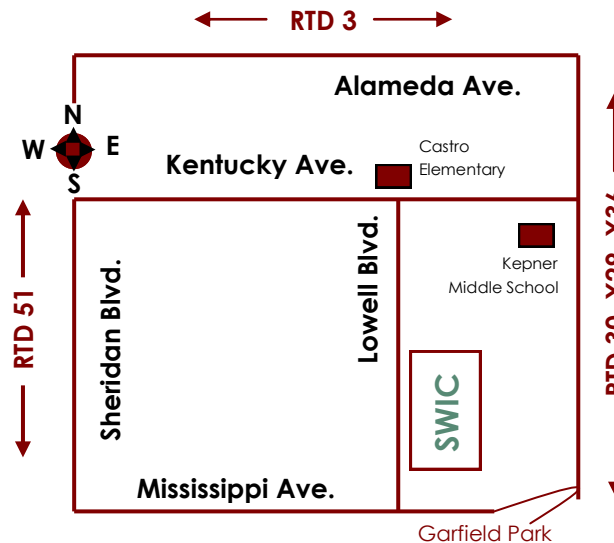
**SouthWest Improvement Council
Westwood Community Center**
1000 South Lowell Boulevard
Denver, Colorado 80219
303-934-2181
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www.swic-denver.org



**Welcome to the
SouthWest
Improvement
Council**



**Building a Community of
People helping People**



SWIC—303-934-2181

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Who are We?

The SouthWest Improvement Council (SWIC) is a community-based nonprofit serving **frail and isolated elderly**, at-risk **youth** and **overwhelmed families** in urban southwest Denver.



Our Need is Great!

Our area is challenged by **violence, gangs, graffiti** and **poverty**. There are **no** movie theatres, arcades or **other family friendly activities**. **Elders** need **help** with **home chores** to remain in their homes. **Hunger** is an immense **problem**. **We need food**. We need **affordable housing, foreclosure prevention** and **financial literacy**.



SWIC Programs!

- Daily **Hot Lunches** for **People age 60** and older.
- **Home Chore Assistance** for **Elders** living in **Poverty**.
- **Nutrition and Wellness Education** for all ages.
- **Fitness and Weight Training Classes** for **Adults**.
- **Recreation and Education** for **Youth At-Risk** of **School Failure**.
- Teaching **Community Engagement** and **Civic Responsibility**.
- **Foreclosure Prevention Counseling**.
- **Housing Assistance**.
- **Grassroots Solutions** for **Social Problems**.
- **Advocacy, Social Activities** and **Community Collaborations**.
- **Weekly Food Boxes** and **Bread Donations**.

What do We Need from YOU?

- **Protein-based nonperishable foods**. (Call 303-934-4780 to arrange pick-up.)
- **Financial contributions** that **support** and **expand** our **ability** to **help** people in **dire need**.
- **Volunteers**—Handy Hearts Home Chores, Dining Center and Kitchen Help, Reception-area assistants, computer and fitness instructors.

Call for opportunities!



Your Donations

Are **completely tax-deductable**. We are a nonprofit tax-exempt charity. **Tax-Exempt ID Number 74-2510477**. **Please help us!** Call **303-934-2181**.