

## UPCOMING FREE DAYS AT DENVER MUSEUMS

Denver Art Museum — December 4, 2010



Denver Botanic Gardens at Chatfield — December 3, 2010

Denver Museum of Nature and Science — December 6, 2010

### Art Lab is Accepting Applications for Spring 2011!

ArtLab is an innovative year-round out-of-school program for **underserved high school youth** incorporating the creative arts with **academic, personal and professional skill development**. Students meet for the program on Saturdays for 3 hours from 12-3pm. Once the students have gone through the Spring semester they are invited to work with PlatteForum for **20 hours a week for 9 weeks in the summer time**, when they are paid hourly. Since this is a **paid internship for students they also receive \$150.00 a semester**. Anyone age 15-19 can apply. For more information including application instructions, please contact Megan Brncick at 303-893-0791.

### THANK YOU to our Food Box Sponsors!

THANK YOU King Soopers Credit Union, FoodWorks Colorado, 9 Cares Colorado Shares, Associates in Financial Counseling, Mark Napoli, and First Option Lending for your donations!



### The SouthWest Denver Community Center

A Division of the SouthWest Improvement Council (SWIC)

1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181

*Serving Residents of Southwest Denver since 1987*

# SouthWest Matters

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## Food Box Distribution on Wednesday November 24th

**SWIC will be distributing Food Boxes next week on Wednesday November 24th from 10:00 am to 2:00 pm. We are CLOSED on Thursday November 25th, Friday November 26th and Saturday November 27th.** If you have any questions about food box distribution, please call Beth at 303-922-2928.



### SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments.  
Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 11:00am—12:00pm Monday—Friday.
- ◆ **Weekly Food Boxes:** 10:30am—2:30pm every Friday.  
\$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—5:30 pm  
Weight room, gymnasium and Zumba!  
Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 4:00 p.m.—5:00 p.m. Tuesday—Friday with the Denver Public Library Free Arts and Crafts! Other youth programs listed in calendar (see inside).