

ARAMARK Building Community Center Enhancement Day at SWIC!

On Tuesday August 31st, hundreds of volunteers from the Aramark Corporation and City Year are coming to SWIC to paint murals, build benches and renovate our food box room! Aramark chose SWIC and the SouthWest Denver Community Center from many other organizations to receive this amazing opportunity! Stop by on Tuesday the 31st to say Thank You and check out the big changes!



FREE Zumba at a New Time!



Zumba will now be offered every Tuesday, Wednesday, and Thursday from 4:30 p.m. to 5:30 p.m. in Sandos Hall starting Tuesday August 24th. Call Jenny at 303-934-8063 for more information! You must sign a fitness waiver to participate.

SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments.
Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 10:30am—12:30pm Monday—Friday.
Donations welcomed, never required!
- ◆ **Weekly Food Boxes:** 10:30am—2:30pm every Friday.
\$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—5:30 p.m.
Weight room, gymnasium and Zumba!
Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 4:00 p.m.—5:00 p.m. Tuesday—Friday with the Denver Public Library
Free Arts and Crafts!

The SouthWest Denver Community Center
A Division of the SouthWest Improvement Council (SWIC)
1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181
Serving Residents of Southwest Denver since 1987

SouthWest Matters

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Learn How to Start Your Own Business with RMMFI!

The **Rocky Mountain MicroFinance Institute (RMMFI)** is a non-profit organization that provides **learning, lending, and coaching** to grow Community Entrepreneurs who build businesses to advance along the pathway to **self-sufficiency** and **self-worth**. RMMFI's brand of microfinance combines affordable and approachable business support services and flexible microloans to help individuals turn a good idea into an income-generating business. RMMFI's relationship based approach transforms **Business Curious™** individuals into **Business Serious™** entrepreneurs through process-driven programs that value hard work and opportunity for all.



The next workshop "**Exploring Business Ownership**" will be held at SWIC on Thursday August 26th at 5:30 p.m. This workshop will help you find your focus and get serious about the business planning process. For more information about this class or to sign up ahead of time, call Ben at RMMFI: 720-