

# SHOTS FOR TOTS

## WHERE:

Denver Fire Station #9  
4400 Brighton Blvd.  
Denver, CO 80216  
(I-70 and Brighton Blvd,  
across from the Coliseum)

## FREE

**Immunizations for  
children and  
newborns up to 18  
years old!**

### Saturday Clinics 10:00 a.m.—1:00 p.m.

- July 24th
- August 28th
- September 25th
- October 23rd
- November 20th
- December 18th

NO Appointment necessary! All immunizations available!

Parent or Legal Guardian must be present.

Please bring your child's shot record.

Prizes and activities for kids including tours of fire engines and ambulances!

## **REMINDER:**

### **DUG “Garden of Hope”**

Community Work Day

TOMORROW Saturday August 14th 9:00 a.m.—11:00 a.m.

## The SouthWest Denver Community Center

A Division of the SouthWest Improvement Council (SWIC)

1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181

*Serving Residents of Southwest Denver since 1987*

# SouthWest Matters

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## Sign Up Today for ¡Cuídate!

¡Cuídate! helps youth develop the knowledge, attitudes, and skills to reduce their risk for HIV. The program emphasizes risk reduction strategies such as sexual abstinence and condom use through activities that allow youth to:

- Acquire correct and reliable information about risk and disease
- Develop attitudes that support safe decision-making
- Build skills to be able to abstain from sex and use condoms
- Reinforce confidence in their ability to practice safer sex



**New session starts Tuesday August 24th at 5:30 p.m. at SWIC! Sign up Today!**

**After you attend three classes, you receive a \$25.00 gift certificate to Target!**

**Call Betsy at 303-302-3269 for more information or to sign up!**

### SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments.  
Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 10:30am—12:30pm Monday—Friday.  
Donations welcomed, never required!
- ◆ **Weekly Food Boxes:** 10:30am—2:30pm every Friday.  
\$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—6:00pm.  
Weight room, gymnasium and Zumba!  
Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 2:00pm—5:30pm Monday — Thursday.  
Free Arts and Crafts and Open gym!